

OCTOBER 2023 NEWSLETTER

DRILL OF THE MONTH

Throughout 2023 we will be running a Drill of the Month in each edition of the newsletter. The goal is help motivate folks to get to the range and actually shoot their defensive weapons, and to have some fun in the process. Each month we'll post a drill or a short course of fire. You are encouraged to go to the range, shoot the drill, and then post your thoughts and a photo of your target on the Rangemaster Facebook page, <u>https://www.facebook.com/groups/rangemaster/</u>.

3,2,1 at 6

My personal vehicle, a Nissan Armada, is 18 feet long, which is six yards. The vast majority of US citizen self-defense shootings that occur away from home happen on parking lots: at the local Stop 'n Rob, the grocery store, the gas station, or the ever popular WalMart lot. If you watch a few hundred surveillance videos of these shootings, you will find that an awful lot of them occur at a distance of about one vehicle length. Thus, this drill will be shot at 6 yards.

You will need an RFTS-Q silhouette, or an IALEFI-Q. Start with the gun holstered, concealed, hands at sides. On signal, draw and fire 3 rounds to the 8" circle in the chest, 2 rounds to the head circle, and 1 round to one of the zero circles above the silhouette's shoulder.

If you have to use an IDPA cardboard target in place of the specified target, add a 2" circle to the left shoulder area. This can be a 2" paster or a hand drawn circle. This will work.

Use an electronic timer. On the beep, draw and fire 3 to the chest, 2 to the head, and 1 to the 2" circle. Only hits inside the designated target areas count—a single miss is a disqualification. Par times are listed below.

This drill works on a fast concealed carry presentation, fast but accurate shooting, multiple targets, and gear shift changes required by vastly differing target sizes. The DQ for misses adds stress and reinforces our concept of accuracy and accountability for every round fired. Give it a try!

On my first run of this drill I was not really cold. I had fired the Baseline Assessment Drill (20 rds) and the Double-Add One Drill (10 rds). My time on the 3,2,1 at 6 was 3.83 seconds, clean. I then shot the drill several more times. My worst run was 4.59 seconds, the fastest was 3.43 seconds.

Par times:

Normal Earth people who carry-	7 seconds
Well trained gun people-	6 seconds
Instructors-	5 seconds

The Apache Solutions crew did a demonstration video. It can be seen here: <u>https://youtu.be/J6Hw-7xyC2E</u> Outstanding!



Secure Your Firearms for Home Defense By Tim Kelly, Apache Solutions, Rangemaster Master Instructor

Many families across the nation choose the shotgun for home defense. Unfortunately, many families keep their tools beside the bed without securing them from unauthorized persons (their kids). The positive of having an easily accessible tool to protect yourself in the home is evident. It's quicker than storing it in a locked box or gun safe far from your bedside. The alternative answer is that it is also quick for a child or burglar to access it and hurt themselves or someone else. It is simply not worth the risk when devices exist that allow you quick access and deny access to unauthorized persons.

Our firearms training business attended the NC Homeschooling Conference as a vendor in May. This conference allowed us the opportunity to meet hundreds of families interested in the topic of kids and guns. It was exciting to see the sincere interest in parents who wished to take matters into their own hands and learn better ways to educate themselves and their children about firearms. While there, we had countless conversations with enthusiastic parents looking for a better way to secure their home defense tools. Luckily, we contacted StopBoxUSA before the event, and they shipped us some of their excellent options. First was the StopBox Chamber Lock.

The **StopBox Chamber Lock** is Designed to prevent unintentional access while your firearm is at the ready. This device secures the shotgun allowing the user quick access to the tool without concern of having to find a key or remember a code. The device activates by pressing exposed lock tumblers in a specific sequence. When practiced, this works exceptionally well. It happens so quickly that it appears the user is simply grabbing the device and ripping it off. It will only be so easy if you know the code.



We also had a StopBox Handgun Retention Device to use for demonstration at our booth. *The* **StopBox Handgun Retention Device** is designed to conceal and prevent unintentional access while your firearm is not on your body or in the safe.

There are many other ways to prevent unwanted hands on your firearm. Locks come with every gun sold in gun stores. You can buy cases from Harbor Freight with a combo lock. RFID, biometric, and other electronic gun safes are widely available in many big box stores. Amazon Prime can ship viable options to you in 2 days or less!



Implement preventative measures to buy yourself time from potential home invasions. Locks, Lights, security alarms, etc. (These only work if you use them. LOCK YOUR DOORS.) If you can achieve a minute of warning before someone can BEGIN to gain access to the inside of your home and another minute or two before an intruder can make entry, that is time for you to access one of your self-defense tools that is safely stored away.

If you can follow the above recommendations, you will have plenty of time to access your bedside firearm, prepare it to protect yourself, AND keep it away from little hands.

Ultimately, finding the best option for you and your lifestyle is too easy. Even if you don't have minors in your home, it is still a good idea to keep it out of the hands of someone that gains access to your home while you are away. Consider the alternative before you suggest that it couldn't happen to you.

www.ApacheNC.com www.StopBoxusa.com

Home Invasions- Good Information

I recently did a lengthy podcast with the CCW Safe crew discussing home invasions. The topic is so complex that we broke the interview into two sessions. The first deals with the facts about home invasions: who is at risk, what is often involved, and how to harden your home to reduce your risks greatly. Part 2 deals with what to do if your home's perimeter is breached by intruders. This is important information. Give it a listen.

https://ccwsafe.com/news/home-defense-with-tom-givens/

https://ccwsafe.com/news/in-self-defense-podcast-117-tomgivens-on-home-defense-part-2/

M&P Aluminum Update

The Smith & Wesson M&P 2.0 Aluminum Frame pistol will be referred to as the 2.0A henceforth, to save typing. I now have three of these pistols and have been carrying one and working with the others almost exclusively since January. This has given me a chance to really wring them out and report the findings.

First, I have had not one single feedway stoppage or malfunction in any of the three, in about 7,000 rounds. The

M&P has been around a long time now and seems to be thoroughly de-bugged.

I have had one issue. Around 4,000 rounds on the primary practice pistol the magazine catch started showing excessive wear. It would drop the magazine with a slight touch. I replaced just the magazine catch and that solved the problem. I suspect that was a slightly out of spec magazine catch, and neither of the other pistols have had any hiccups. About 2,000 rounds later, the affected pistol has not had any further issues.

I have been running these pistols just as they came, right out of the box. No custom work, no aftermarket parts, just stock guns. The only modification I have made is to paint the white spots in the rear sights black and paint the front sights orange. I am using the OEM iron sights.

Accuracy has been very good. The additional couple of ounces of weight in the aluminum frame vs a plastic frame gives slightly better recovery when shot one handed. The excellent ergonomics and good accuracy have me shooting these guns better than the Glocks I have been carrying the past fifteen years.

Recently I shot some drills with the practice pistol for this update, to check my performance with the gun. I shot 198 out of 200 on the Baseline Assessment Drill cold, and 292



out of 300 on the Rangemaster Bullseye Course (97.3%). I then shot the Master Firearms Instructor Qualification, which is fairly demanding. I shot a perfect 250 out of 250. Pics of the targets follow. I will continue to work with these and report again in a few months.



Bullseye Course



Baseline Assessment



Master Instructor Q Course

Historical References

These books should be in the library of every knowledgeable instructor. Book sellers like ABE Books often have used copies of these for ridiculously low prices.

The Art of Handgun Shooting, by Charles Askins

Fast & Fancy Revolver Shooting, by Ed McGivern

The Textbook of Pistols and Revolvers, by Julian Hatcher

Sixguns, by Elmer Keith

Gunfighters, by Col. Charles Askins

Shooting, by J. Henry Fitzgerald

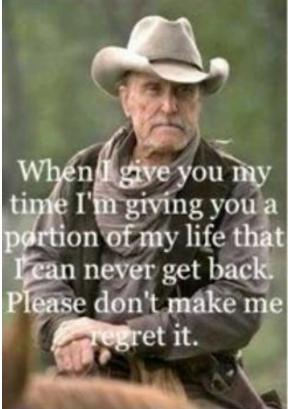
Officer Down, Code 3, by Pierce Brooks

Fireworks, a Gunsite Anthology, by Jeff Cooper

The Deadliest Men, by Paul Kirchner

Handgun Combatives, by Dave Spaulding





Lynn's Back in the Game

A couple of years ago Lynn broke her right wrist so badly that it had to be rebuilt. She now has two metal plates and nine screws in that wrist. For a very long time she was unable to shoot at all, then just a few rounds every few months while the wrist healed. In August she finally got to attend two Rangemaster events and get in some serious shooting. She is well on the way to getting her skills back up where they used to be. Maintaining skills takes effort and commitment. Be like Lynn.



BEHAVIORAL CUES TO IMPENDING AGGRESSION-

With the exception of the true sociopath, there will normally be cues, principally body language, which will assist you in forecasting aggressive activity by an individual you are observing. Being aware of these cues is vital to your accurate threat assessment.

Of course, verbalization by the offender is a critical cue. Someone cursing, shouting epithets, and generally being aggressive verbally is a likely candidate for physical aggression. Bear in mind, however, that 80% of human communication is non-verbal, and you must be aware of and watchful for these sometimes-subtle indicators.

One of the most reliable indicators of an impending assault occurs when you are in a position of authority and the offender fails to comply with or contemptuously ignores your commands. If, for instance, you encounter an intruder in your home, and he does not immediately comply with your commands, you are in for a fight!

Other definitive indicators can include these, alone or in combination:

- 1. hands on hips;
- 2. cocked head
- 3. arms folded across the chest
- 4. fists clenched, or clenched and flexed alternately
- 5. jaw clenched
- 6. spitting
- 7. deliberate avoidance of eye contact
- 8. continuously looking around
- 9. sustained verbal rationalizations
- 10. continuous yawning and stretching
- 11. target glancing.

"Target glancing" refers to brief, repeated shifting of the offender's eyes to your chin, your nose, or your weapon. Repeated target glances to your chin or nose means he is gauging the distance for a punch. Target glances at your weapon indicate a gun snatch may be imminent.

Always, when the pre-attack indicators are present, shift to the highest level of mental readiness and be geared up. If at all possible, extend the distance between the two of you. Have a plan and be ready to move quickly.



UPCOMING TRAINING EVENTS NASHVILLE, TN Nov 10-12 Instructor pistol

https://www.eventbrite.com/e/three-day-firearms-instructordevelopment-course-tickets-291812929327

JOHNSTON, IA NOV 18-19 Advanced Instructor

https://www.eventbrite.com/e/advanced-firearms-instructordevelopment-course-tickets-381473165507



Aqil Qadir is now teaching our Combative Pistol course, as I am solely teaching instructor level courses. If you are interested in

hosting Aqil for a Combative Pistol course in 2024, please contact him at <u>aqil@rangemaster.com</u>.

Combative Pistol Skills, Two-Day

Topics covered in this course will include:

- Rapid presentation from concealed carry
- Effective gun handling techniques, designed to work under stress
- Rapid reloading techniques
- High speed accuracy at close ranges
- Precision shooting at mid-ranges
- Shooting effectively with one hand, with either hand
- Fixing malfunctions rapidly and reliably
- Proper defensive mindset, personal tactics, and more.

Expect to fire about 500-600 rounds of ammunition. This course is designed expressly for the armed citizen who carries a concealed handgun, or the plain clothes or off duty police officer.

You will need a good handgun, holster, belt, and magazine pouch, at least three magazines, a ball cap and concealment garment (vest, jacket, windbreaker,over shirt, polo shirt, etc), eye and ear protection, and rain gear (we train rain or shine). A cooler with soft drinks, water, snacks and lunch will be needed, for lunch on site. We will not be leaving the campus for lunch.

You will need a quality handgun and gear. It is a good idea to bring a second gun just like your primary, in case something breaks on your primary gun. Please bring good quality ammunition. You will shoot better, your gun will function better, and you will learn faster. Leather or kydex holsters are fine—PLEASE NO flimsy nylon or cloth holsters. AIWB is allowed. Either IWB or OWB holsters are fine, as long as they are worn concealed.

Your primary instructor will be Aqil Qadir, of Rangemaster. Aqil is a retired police officer who has been conducting training since 1993. He has been on the Rangemaster staff since 2009. Full refunds are available until 30 days prior to class date. There are NO REFUNDS later than 30 days before class date.