



# SEPTEMBER 2023 NEWSLETTER

## DRILL OF THE MONTH

Throughout 2023 we will be running a Drill of the Month in each edition of the newsletter. The goal is help motivate folks to get to the range and actually shoot their defensive weapons, and to have some fun in the process. Each month we'll post a drill or a short course of fire. You are encouraged to go to the range, shoot the drill, and then post your thoughts and a photo of your target on the Rangemaster Facebook page, <https://www.facebook.com/groups/rangemaster/> .

### **DOT Torture, 25 round version, timed**

- |            |  |    |
|------------|--|----|
| #1         | 1 round from the ready   | 3X |
| #2         | 2 rounds from the ready  | 1X |
| #3 & #4    | 1 round on each, from ready  | 2X |
| #5         | 5 rounds, from the holster   | 1X |
| #6 and #7  | 2 rds on each, from the holster  | 1X |
| #8         | 2 rds Dominant Hand Only, from ready   | 1X |
|            | 2 rds Non-dominant Hand Only, from ready   | 1X |
| #9 and #10 | Start with only 1 rd in gun, at ready. On signal fire<br>1 rd to #9, emergency reload, and fire 2 rds to #10 |    |

The correct target can be down-loaded at :

<https://pistol-training.com/wp-content/uploads/2008/04/dot-torture-target.pdf>

Let's shoot this at 5 yards. Hit factor scoring. Give 10 points for every hit, possible score of 250. Total the times. Divide the points by the total time for your score. Par score is 7. Your goal is a score of 7 or higher. I recently shot this, but not cold. I got 23 out of 25 hits in 28.83 seconds, for a score of 7.98 . Here is a link to an excellent live fire demonstration of this drill by the cadre at Apache Solutions. <https://youtu.be/VXPhrstGpB8>

## Dealing with Domestic Abuse Cases: A trainer's perspective

**By Tim Kelly, Apache Solutions, Rangemaster certified  
Master Instructor**

### **Prioritizing Practicality**

Apache Solutions LLC started in 2017 as a private training solution for everyday armed citizens. In the small town of Yadkinville, NC., and the surrounding areas, there was never a place where someone could use a range with a private trainer who would help them become more proficient as an armed citizen. Our business does just that. Folks attend private, one or two-hour sessions regularly. Our trainers help the students establish goals and guide them in their accomplishments. Often, business patrons can become distracted by the many other aspects of training and forget to "Prioritize Practicality."

**pri-or-i-tize**

1. designate or treat (something) as more important than other things.

Our priority list for new students is dependent on the actual student. We have had Doctors, Lawyers, Mechanics, Teachers, Hospital workers, stay-at-home moms/dads, and people from all walks of life. These people live in different areas of the region with different risks to weigh. We must adjust the protocol to fit their needs and what is more practical in their everyday life.

## **Prac-ti-cal**

**/ 'praktək(ə)l/**

1. Of or concerned with the actual doing or use of something rather than with theory and ideas.

Because of my military background, I have had numerous people ask me in the beginning to teach them Close Quarters Battle, how to fight in teams, night vision courses, etc. All these classes have their place with the right trainer but need to be low on our priority list for the everyday armed citizen. So, we decline by explaining to the student that we are interested in giving them what they NEED instead of what they WANT.

The hard reality is that they are more likely to encounter a violent criminal alone after work one day. This reality may require the tools they have on them right then. The odds of them clearing their house with 4 of their buddies in the dark with their rifles, body armor, and NODs are slim to none.

## **High Priority Students**

Early in the business, I started teaching the first students who had protection orders against a crazed ex who had been harassing and following them. These students quickly became a high priority for us. To help these students, we needed to carefully examine the issue, not put ourselves at risk, and manage potential

disruptions or conflict. For these occasions, we would pair up trainers on the range. One trainer was a lookout, and the other led the private instruction. After establishing some controlled environment, we would ask essential questions that would give us a better understanding of how to proceed with their training. Here are some examples of those questions.

1. Do they have means for lethal and less-lethal force?
  - a. Quality Pepper spray
  - b. Quality Handgun and holster
  - c. Training in hand to hand
2. How does their day-to-day life look?
  - a. Do you have a day job?
  - b. Do you have children in your custody?
  - c. How often are they in a vehicle?
  - d. Do you have an established routine?
3. How is their mental health?
  - a. Are you speaking to a therapist?
  - b. Do you have suicidal or homicidal thoughts?
4. Have they put preventative measures in place for home security?
  - a. Alarm system
  - b. Locks on doors (possibly changed)
  - c. Cameras
  - d. Additional tools to protect against a home intrusion.
5. What is the student's primary goal in dealing with this situation?
  - a. Do they plan to leave the area, or will they stay?
  - b. What are some alternative options?

After discussing these questions and a few more, we begin establishing a plan to help the student.

First, students typically leave their first session knowing how to stop bleeding with a pressure dressing or tourniquet, a can of POM Pepper Spray (and a trainer), guidance on situational awareness, and begin the study of safe gun handling.

Because one can only teach so much in 1-2 hours, we limit the details to avoid flooding the student with information. This initial session is a scary experience for some, and too much information can quickly overwhelm the student.

As they continue to return, we revisit some of these questions and keep a list to determine what we should prioritize next. In this list, you must be careful with the information you record. Do not be invasive and only record information that YOU NEED. For instance, you do not need to log the layout of their house, their exact daily routine, or where they plan to run away to find safety. The trainer must handle that information delicately. Your log should consist of the questions above and check marks. Some notes at the end. Update as necessary.

### **Final Thoughts**

Be empathetic but not personal. It is okay to care, but you MUST remember your priorities. It is not your responsibility to save them. It is your responsibility to help them protect themselves. Do so carefully and professionally.

Give the students practical options and not just physical tools. Have a list of resources that may be helpful to them: hotlines, articles, and links to places where they may find quality equipment.

The next time someone asks you to train them, keep the victims of domestic abuse in mind. You do not want to clog your schedule with low-priority skills. Instead, leave room to assist those that may need it the most!

National Domestic Violence Hotline

Hours: 24/7. Languages: English, Spanish, and 200+ through interpretation service

[Learn more](#)

800-799-7233

Below is a starter list of articles and links that may be helpful to your students. Feel free to adjust this to your needs.

### **Reading:**

[Active Response Training article. There are many more to list, and this is just one of many.](#)

[Concealed Carry Class: Tom Givens](#)

[On Her Own](#)

### **Home Protection:**

[Door Jammer](#)

[Ring Doorbell](#)

### **Less lethal and medical:**

[Pom Pepper Spray](#)

[Dark Angel Medical](#)

### **Classes:**

[FPF Training: Street Encounter Skills & Tactics](#)

[Tatiana Whitlock: Defensive Handgun](#)

[Shivworks: ECQC](#)

# ASSOCIATE INSTRUCTORS

Many times, when a class does exceptionally well it is not just because of the caliber of students involved. It often has a lot to do with the Associate Instructors who assist me with that class. This was the case recently in Oklahoma.

The range facility limited us to a max of 16 students, which we filled. A total of six Rangemaster certified instructors then showed up for all three days providing logistical support, coaching, encouragement, and professional advice throughout the course. That input is invaluable to the students, and takes a lot of the load off me.

I am very picky about whom I allow to assist with these courses, because they have a lot of impact on that class's outcome.

Pictured here are the six from this class: Michael LaBonte (retired senior US Army NCO, combat veteran), Dr. Troy Miller (trauma physician of many years, former SWAT attached medic), Bryan Eastridge (recently retired career cop, former US Army Ranger), Steve Moses (former LE and long time trainer/author), Allan McBee (long time trainer, former contractor in sand-box), and Ray Keith (attorney for death penalty cases, long time trainer). My sincere thanks to these and the other AI's who do so much to make our courses better.



# Mass Killings?

As you know, in 2012 there was a mass shooting at a theater in Colorado in July, and in August there were 6 people killed and more wounded at a Sikh temple in Wisconsin. What you probably do not know, is that in the same time frame 9 people were killed and 4 others wounded in a KNIFE ATTACK by one man in August in China. Here is the news report:

A teenager has been arrested after killing nine people and wounding four others in a knife attack in northeast China, state media reported Thursday.

The 17-year-old, who was identified only by his surname Li, barged into the home of his girlfriend armed with a knife following an argument and killed two relatives of the girl, the Legal Daily said.

As he left his girlfriend's home in Liaoning province's Xinbin county, he stabbed six more people to death and wounded five, it said. One of the injured died Thursday in hospital, the paper said. Li was arrested near the scene of the attack, late on Wednesday night, and was taken into custody, the official Xinhua news agency reported. Police had nabbed him as he was preparing to jump from a building in an apparent suicide attempt, it added. No other details were immediately available. Calls made to local authorities and police in Xinbin county went unanswered.

Violent crime has been on the rise in China in recent decades as the nation's economy has boomed and the gap between rich and poor has expanded at an alarming rate.

So, it doesn't take a madman with a gun to do mass damage. What it does take is a bunch of unarmed victims, unable to



defend themselves. In no case will the police ever arrive in time to stop the carnage, even if the attacker has a knife, not a gun. He will only be stopped by an intended victim who refuses to be a victim. It is your duty and your responsibility to be able to defend yourself and your family, regardless of the location.

## **BOOK RECOMMENDATION**

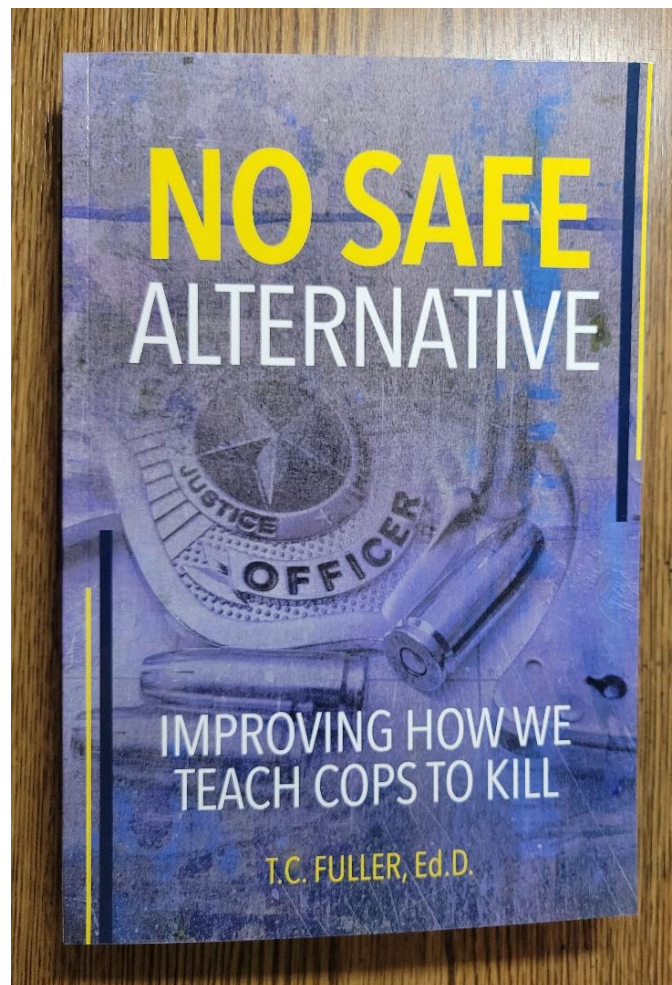
I just finished reading an important book on a better training approach for teaching deadly force issues. The book is No Safe Alternative, Improving how we teach cops to kill. The author is T.C. Fuller.

Fuller has a doctorate in education and an excellent command of the English language. He was an Army infantry officer with extensive combat experience in Iraq and Afghanistan, was a local police officer, and then did over 20 years as a Special Agent of the FBI. While with the FBI he served for a time as a firearms instructor as well as investigating a wide range of crimes. He is also an enthusiastic competition shooter, who has competed well at the national level in IDPA for many years.

His combination of experience, education and research has resulted in a very well thought out critique of the current state of deadly force training and how to best improve the situation. Fuller advocates a more inclusive

curriculum, teaching not just marksmanship and gun handling, but weaving together the legal, moral, and ethical considerations involved in taking another's life. He also wants to teach the new gun carrier about what he can expect if deadly force is used, to include during and after the event.

The book is only \$17.99 in paperback from Amazon. It is 279 pages long and a fairly quick read. If you are in the business of providing deadly force training you really ought to read this book. Highly recommended.



# UPCOMING TRAINING EVENTS

**Cincinnati, Ohio Sept 9-10 Combative Pistol Skills**

(Aqil Qadir)

<https://www.eventbrite.com/e/combative-pistol-skills-tickets-475332481247>

**XENIA, OH Sept 22-23 Advanced Instructor**

<https://www.eventbrite.com/e/advanced-firearms-instructor-course-tickets-405956987277>

**Dallas, Texas Sept 23-24 Combative Pistol (Aqil Qadir)**

<https://www.eventbrite.com/e/combative-pistol-skills-tickets-465453954307>

**White Hall, AR Oct 14-18 Protective Pistolcraft Instructor, 5 day (sold out)**

<https://www.eventbrite.com/e/protective-pistolcraft-instructor-development-course-5-days-tickets-291828445737>

**Nashville, TN Nov 10-12 Instructor pistol**

<https://www.eventbrite.com/e/three-day-firearms-instructor-development-course-tickets-291812929327>

**JOHNSTON, IA NOV 18-19 Advanced Instructor**

<https://www.eventbrite.com/e/advanced-firearms-instructor-development-course-tickets-381473165507>



**Lakeland, Florida, 2024 classes**

**Registration is now open for both courses.**

Here is a rare opportunity to train locally with us. Lakeland is between Tampa and Orlando, and has numerous hotels just minutes from the range facility. Your family can enjoy the local

attractions while you train, and the Winter is the best time to come here.

**Firearms Instructor Development Course, three days  
Jan 26-28, 2024 Friday through Sunday**

<https://www.eventbrite.com/e/firearms-instructor-development-course-tickets-646548783817>

**Advanced Firearms Instructor Development Course, two days  
March 30-31, 2024 Saturday-Sunday**

<https://www.eventbrite.com/e/advanced-firearms-instructor-development-course-tickets-646560468767>

